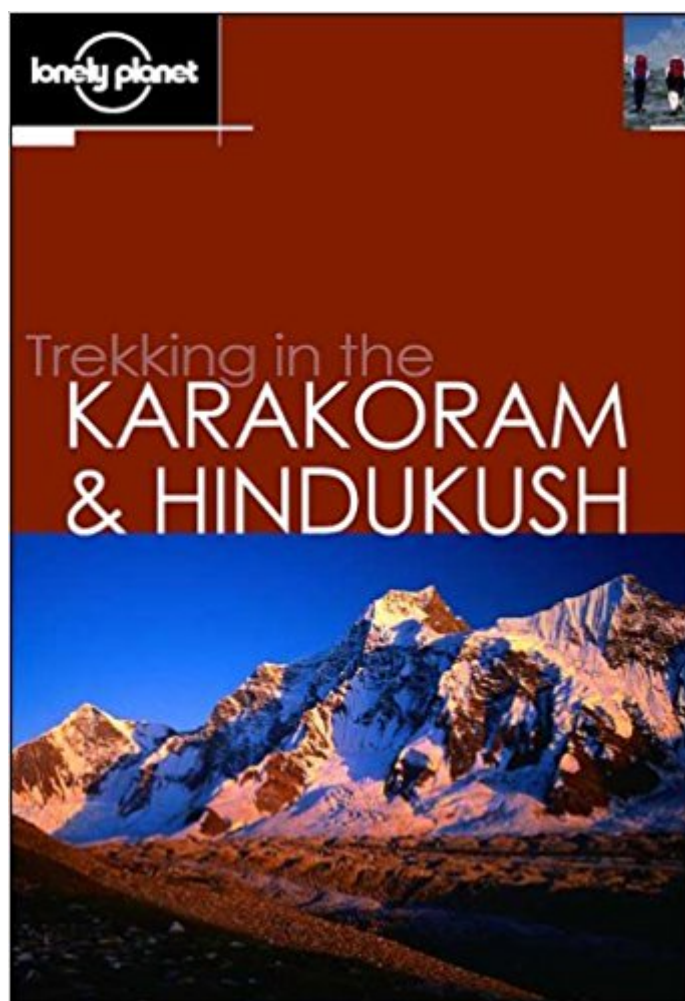


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# Trekking In The Karakoram & Hindukush (Lonely Planet Walking Guide, 2nd Edition)



## Synopsis

This second edition offers updated maps of the major trekking areas in this little corner of the central Asian mountains. It covers treks that make the most of the region, from Fairy Meadows to the granite spires found in eastern Baltistan. The guide also covers the technical aspects of trekking.

## Book Information

Series: Lonely Planet Trekking in the Karakoram & Hindukush

Paperback: 384 pages

Publisher: Lonely Planet Publications; 2 edition (January 2002)

Language: English

ISBN-10: 1740590864

ISBN-13: 978-1740590860

Product Dimensions: 7.3 x 5.1 x 0.7 inches

Shipping Weight: 11.2 ounces

Average Customer Review: 4.7 out of 5 stars 4 customer reviews

Best Sellers Rank: #2,456,092 in Books (See Top 100 in Books) #54 in [Books > Travel > Asia > Pakistan](#) #131 in [Books > Travel > Asia > Afghanistan](#) #2330 in [Books > Travel > Asia > General](#)

## Customer Reviews

This is a rare gem. The information in the book are still extremely valuable, even after 13 years from the initial publication. I hope Lonely Planet would publish an updated version of this book in near future.

Well, it is only the Pakistan part of Hindukush. This is by far the best travel book about the region which I found to be the most challenging for trekkers of all the places I have visited. I used it on two journeys to the Karakorum. The book contains besides the obligatory historical and cultural insights the description of the most outstanding treks in condensed form. For me and I think for most trekkers, the most important informations are what the demand and the highlights of the tours are and how to get to it. If you have to turn right or left on a certain stage is not what you are going to read when you are already on the way. Much more important are good maps since there is also a deplorable lack of maps on this mountain area. This book has a good collection of drafts. But taken into consideration that the treks had been done by the authors it is sometimes a little disappointing that they missed to go more in detail. The number of days for a trek is very much depending on your

physical fitness. I did all the treks in a shorter time than proposed, which should be known beforehand for better planning. Also that the authors did not dare to tell us more about their subjective impressions. If not here, where else? If you have not seen the Karakorum, you missed the most impressive mountain scenery Nevertheless it is the best what you can get about this remote and neglected mountain area.!

This is the best buy and must buy guide book if you are traveling to this part of the world. That's all I can say. Have two copies cause you need one to be with you all the time when you are trekking in this area and the other one can be stowed some where safe. The reason I am saying it is because it is very hard to find one. And I am lucky that I got it.

well,, i just wana say dat, dis book iz realy excelent. with reasonable prise... thnx

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